

TRAININGSPLAN

	von...	bis...	PLATZ 1	PLATZ 2	PLATZ 3	PLATZ 4
Montag	14:00	14:30				
	14:30	15:00				
	15:00	15:30				
	15:30	16:00				
	16:00	16:30				
	16:30	17:00				
	17:00	17:30				
	17:30	18:00				
	18:00	18:30				
	18:30	19:00				
	19:00	19:30				
	19:30	20:00				
	Dienstag	14:00	14:30			
14:30		15:00				
15:00		15:30				
15:30		16:00				
16:00		16:30				
16:30		17:00				
17:00		17:30				
17:30		18:00				
18:00		18:30				
18:30		19:00				
19:00		19:30				
19:30		20:00				
Mittwoch		14:00	14:30			
	14:30	15:00				
	15:00	15:30				
	15:30	16:00				
	16:00	16:30				
	16:30	17:00				
	17:00	17:30				
	17:30	18:00				
	18:00	18:30				
	18:30	19:00				
	19:00	19:30				
	19:30	20:00				
	Donnerstag	14:00	14:30			
14:30		15:00				
15:00		15:30				
15:30		16:00				
16:00		16:30				
16:30		17:00				
17:00		17:30				
17:30		18:00				
18:00		18:30				
18:30		19:00				
19:00		19:30				
19:30		20:00				
Freitag		14:00	14:30			
	14:30	15:00				
	15:00	15:30				
	15:30	16:00				
	16:00	16:30				
	16:30	17:00				
	17:00	17:30				
	17:30	18:00				
	18:00	18:30				
	18:30	19:00				
	19:00	19:30				
	19:30	20:00				